

# Preparing for Adulthood



**A new landscape for SEN and disability**  
**Ellen Atkinson**  
**NDTi - Preparing for Adulthood**  
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# Preparing for Adulthood programme



- Commissioned by the Department of Education to support pathfinders and other local areas to use best practice in preparation for adulthood (transition from year 9 and post 16 issues) when testing and implementing the reforms.
- Share best practice through the website, e-bulletin and social media.
- Feedback to Government on learning and issues from the programme.
- Build on previous good practice and capture new learning.



# Timescales and changes



- Preparing for Adulthood from the earliest years
- Conversion timescale
- 2016 for Learning Difficulty Assessments
- 2018 for Statements
- Code of Practice Chapter 7 para 7.3 states the duties on post 16 institutions
- Code of Practice Chapter 8 - Preparation for Adulthood
- Local authorities should involve post-16 institutions when reviewing their SEN provision and developing their local offer



# Participation of young people





# Multiagency working and joint commissioning





# Multi agency working and joint commissioning



- **Multi agency** (Education, health and social care) planning and commissioning for post 16 options and support
- **Early intervention** – plan for needs and aspirations from year 9
- Working with adult social care, FE and housing associations to develop **housing pathways** for young people – e.g. supported living and short breaks options with local FE college



# Person centred approach to planning



- Support for all young people to plan for the future identified in the local offer
- Aspirations, views, interests and needs.
- Person centred outcome focussed EHC planning and reviews
- Personal budgets across health, education and social care





# Aspirations and outcomes

# Preparing for Adulthood

5 key messages

4 Pathways

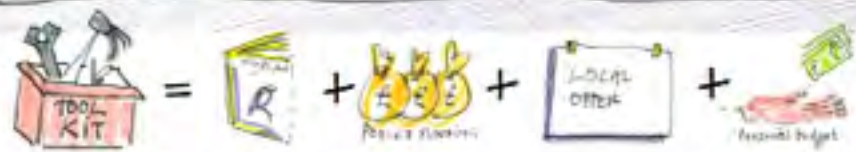
Prepared for adulthood

## Employment

## Independent living

## Community Inclusion

## Health Pathway



0 - 5 - 10 - 15 - 20 - 25

Preparation for Adulthood



- Personalise your approach
- Develop a shared vision
- Improve post-16 options and support
- Raise aspirations
- Plan services together

# Develop post 16 provision and support that lead to good life outcomes





# What the SEND reforms mean

## Post 16



- FE colleges and ISPs must have regard for the Code of Practice
- Allow young people to **express a preference** for a particular school, FE college or ISP (including free schools and academies) and require that institution to respond
- Requires **local authorities to consult schools, colleges and ISPs** about young people they would like to place with them and send them a copy of their EHC plan
- Must make **'best endeavours'** for young people with SEND
- Local authorities can provide **children's services** to young people over 18

# Develop post 16 options that lead to paid employment



- Work closely with schools to support transition (paras 8.22 - 8.28)
- Based on young people's aspirations (para 8.9)
- Start early (Para 8.8)
- Create flexible packages
- Linked to all aspects of life and five day packages
- Build on the best of mainstream provision and discrete provision – learn from each other
- Study Programmes (Paras 8.32-8.40)
- Supported Internships [www.preparingforadulthood.org.uk/what-we-do/supported-internships](http://www.preparingforadulthood.org.uk/what-we-do/supported-internships)
- Embedding work experience



# Examples of outcomes

- Long term outcome
- When I leave education I want to work
- Medium term outcomes
- I will develop a vocational profile
- I will work with a job coach
- I will have work experience
- Short term actions
- Engage job coach
- Begin vocational profile





- Long term outcome

- I would like to be friends with more people and in the future I would like a special friend or partner

- Medium term outcomes

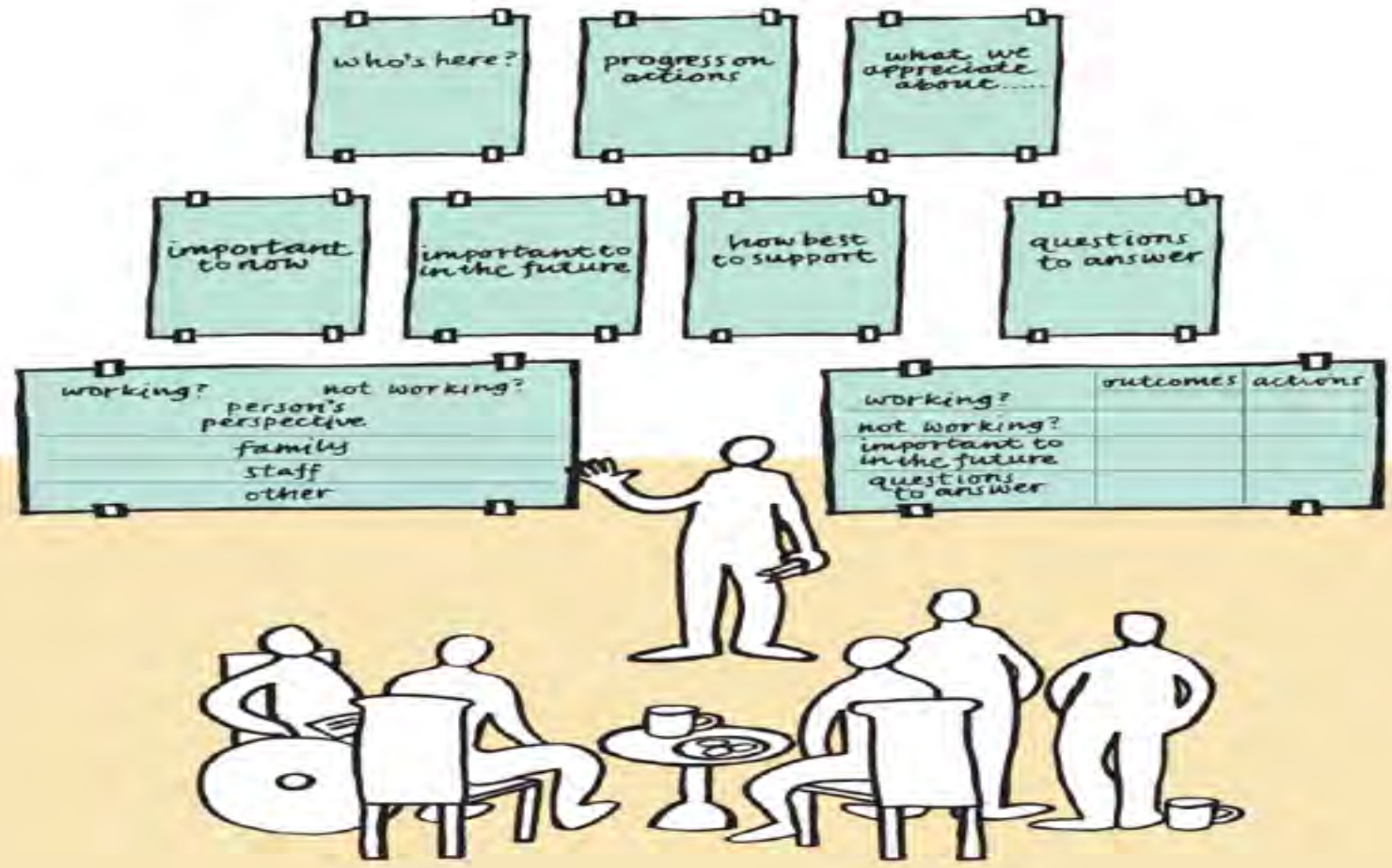
- To have a circle of friends

- Short term actions

- To develop a communication passport so that everyone knows how I communicate and how to communicate with me

- To recruit a male supporter

# Person Centred Reviews



# Paul Elliotts One Page Profile



Never gives up, positive, outgoing, great team player, loving, honest, great and powerful, witty

## Important to Paul

- Going to College
- Living a true college experience (having a dorm, living on campus)
- Finding meaningful employment
- Being involved in sports
- Being part of a youth group
- My family and friends

## I want you to support me by:

- Helping with applying to colleges, and finding grants
- To have someone I can practice job interviews with
- To have lots of open communication with my worker
- I would rather you text me before calling. I like to be able to re-read the message if I forget the answer.
- I need someone who will call me the night before to remind me about meetings.

## Hopes and dreams for the future

- To find a good job after college and have children some day
  - To be a NHL referee and play with the Big boys!
  - To be a minor hockey league official



# Nathan's Story



- Person centred review
- Travel training
- Supported Internship – Town Hall print room
- Works Monday – Thursday

*"I was one of those parents who said I wouldn't let him go, I wanted to protect him. It was my worry, not his - other people helped me see that he could make his own choices. It is his life and he is learning all of the time.*

*Every time Nathan leaves home to get the bus to work he says thanks and gives me a kiss before he leaves. I know what Nathan is thanking me for - it is for letting him go on his own."*

- Eileen, Nathan's Mum <http://www.preparingforadulthood.org.uk/resources/stories/nathans-story>



# Personalise your approach

## Eleanor's story...



Creative programme focused on sustained outcomes

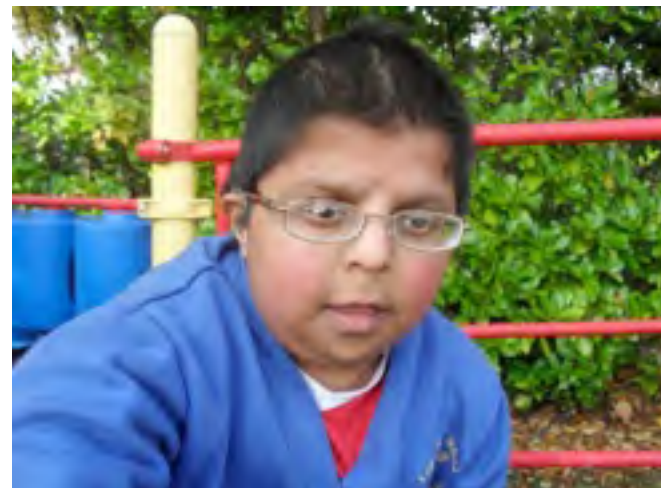
1. Personal budget from post 16 education and social care pooled and taken as a direct payment;
2. Team of personal assistants recruited and trained;
3. Personalised weekly timetable designed to achieve outcomes;
4. Personal assistants can continue to support Eleanor when she leaves education and eventually moves into supported living.



# Preparation for adulthood Suleman's story...



- **Long Term Outcomes:**
- To live in my own flat and employ my own support staff
- For people to understand what I say
- To get a paid job that uses my interests
- To have social life with other teenagers

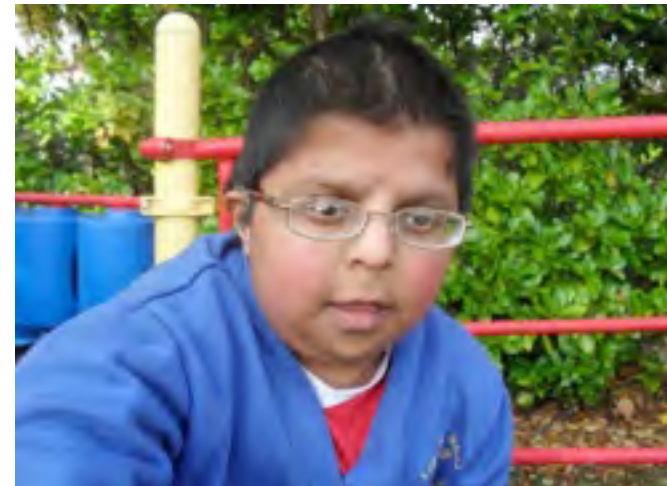


# Preparation for adulthood Suleman's story



Personalised Post 16 option and support:

1. Personal budget from post 16 education managed part by local college and part by school
2. Small direct payment from post 16 education person budget managed by young person/ family or another to achieve life outcomes
3. Personalised weekly timetable designed across school, college and Independent Development Service and Remploy job coach to achieve outcomes;
4. To use short breaks personal budget for PA support to go out with friends and find out whether he is eligible for adult social care





## Delivering the reforms ...



# Things to consider .....

- What's working for young people?
- Who do you need to work with to inform commissioning priorities and provider development?
- Does your offer meet demand?
- Are there gaps?
- Do you need to make changes? e.g the curriculum
- Workforce development?
- Does the local offer include what you do?



# What the SEND reforms mean



- Developing person-centred approaches and keeping the young person and their family at the centre
- Developing strategic relationships with local authorities and partners & planning and commissioning services together
- Developing curriculum based on young people's aspirations for life
- Flexible use of funding
- Awareness of what works in terms of pathways into employment, independent living, friends, relationships and community and good health

All these people  
have paid jobs



AND HE WANTS ONE  
WHEN HE GROWS UP



[www.aspirationsforlife.org](http://www.aspirationsforlife.org)

Raising work aspirations for children  
and young people with learning disabilities





# Preparing for Adulthood

## Contact us:

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# Useful resources

[www.preparingforadulthood.org.uk](http://www.preparingforadulthood.org.uk)



Information on pathfinders, employment case studies, fact sheets e.g. supported internship, bi-monthly bulletin

<http://www.sendpathfinder.co.uk/infopacks/>

Info packs on local offer, EHC plans, personal budgets and joint commissioning

[LSIS cluster information www.excellencegateway.org.uk/node/27512](http://www.excellencegateway.org.uk/node/27512)